

Rachel Greenwood

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A hard-working and curious theatre maker. Grounded in training as a performer and experience as an assistant director, I am focused on developing my directorial style through rehearsal observation, independent creative work, and ongoing dialogue with peers and collaborators. I am committed to cultivating a career that actively fosters opportunities for emerging artists and engages with wider communities. I have experience working on set as a production assistant and over three years of experience in hospitality, working as a supervisor in a busy central London pub. Organised, passionate and a strong communicator, I bring energy, reliability and eagerness every role.

Experience

February 2026 (ongoing) – Facilitation Assistant, Hannah Gittos' Authentic Storytelling From Lived Experience, The New Actors' Centre

October 2025-current – Restaurant Supervisor, The Loose Box

In the heart of London, I consistently handle customer concerns with professionalism while leading and motivating a FOH team to uphold service and cleanliness standards. Weekly, I create rotas, undergo deliveries, boost the venue's social media accounts and cash up successfully to support the general manager. This role has ensured my proficiency in Word, Excel and booking systems. Being the first point of call for team members has enhanced my ability to evaluate a problem and act quickly without stress or panic. I am regularly praised by guests on my welcoming nature and approachability.

January-July 2023 – Assistant Director, Matilda Jr, Union Theatre

After leaving the youth theatre, I was extremely grateful to be asked to come back and assistant direct as it gave me insight into the production process in a professional theatre space. Through working with children from the ages of 4-18, my understanding of communication and its importance also developed during this job; I learnt to identify where my language wasn't fully recognized and adapt it quickly.

April 2025 – Artist Management producer – The Age of Us, National Youth Theatre

While producing this scratch night, I maintained professional and effective communication and used critical thinking to choose and refine acts. The event ran smoothly and timely due to the collaboration of the producers. I handled any problems that arose in a level-headed and assertive manner.

November 2024 – Production Assistant – Bravo Zulu, Hoka F25 Campaign

Thorough scheduling was essential for this particular shoot so I stayed alert and detailed, setting realistic aims for the time allocated. I enabled the success of the filming by remaining attentive and professional at all times and prioritizing the needs of the crew.

September 2024-current – Serve Legal auditor

I have managed my time effectively, consistently produced comprehensive reports and professionally communicated with supermarket managers in the event of failure. Working remotely in this way ensures that I take responsibility and management over any problems that occur while auditing so as to not jeopardize the reliability and reputation of Serve Legal as a provider.

July 2022-October 2025 – Bartender at The Market Porter

Working as a barback, a bartender and a waitress from 16 developed my ability to create and maintain effective working relationships while maintaining professionalism and mutual respect. I received Employee of the Month multiple times for my focused work ethic and positive attitude.

Education

ArtsEd Sixth Form 2022-2024

BTEC Level 3 Extended Diploma in Performing Arts (Acting) – D*D*D*

In the H20 module, I acted as the Producer for my devising group reporting back to Executive Producers to create a full-scale promenade performance with the entire BTEC cohort.

I also directed new writing R&Ds alongside studying.

A-Level Photography – A

A-Level History – C

The Grey Coat Hospital 2017-2022

10 GCSEs grading 6-9

Multiple Attendance & Punctuality Awards

Year 11 Form Leader award

Short Courses & Youth Theatres

Guildhall Introduction to Directing 2026 with Amy Hodge

Bristol Old Vic Adult Company 2025

Southwark Playhouse Young Ensemble 2025

NYT Young Facilitator training

Directing High Stakes scenes masterclass with Jade Lewis at Young Vic

Introduction to Directing masterclass with Imy Wyatt-Corner at Kiln Theatre